

CHILD & FAMILY THERAPY COUNSELLING



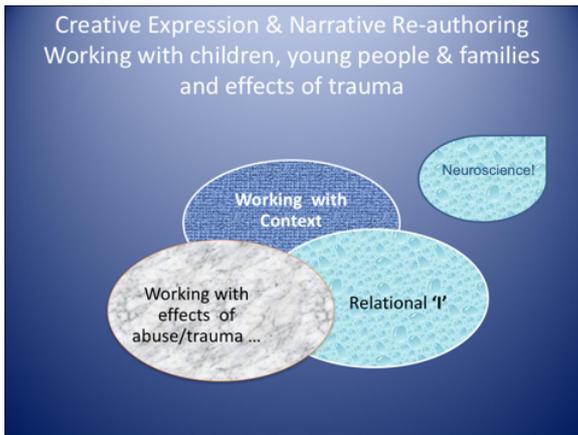
Presenter: Angela Ranallo

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In the two-day workshop, we will combine Creative Expression and Narrative re-authoring practice-maps as ways of working therapeutically with children and young people around trauma, attachment, relational concerns, and challenges in managing intense emotions.

Creative Expression and co-authoring narratives attend to bottom-up and top-down bi-directional information flow of the body/brain neural pathways; and to the experience dependent brain opening possibilities for becoming, fostered by relational connectedness with self and others in history, time and space

What neuroscience says:

Stephen Porges talks about the sensory 'love code' of connectedness embedded in relationships cueing safety and physiological regulation. Of course the opposite occurs in situations where there are experiences of trauma and disconnectedness. Porges Poly Vagal Theory talks about the Vagus, as a cranial sensory fibrous nerve and the bridge between brain and body. It is a neural surveillance structure of the body sending information to the brain (S Porges Online Webinar 2017).

Putting words to experience balances the left and right hemispheres in ways that allows for better integration of experiences (D Siegel, 2007).

"Making sense of our history integrates the brain" (D Siegel 2010)

Creative Expression enriches children and young people therapeutic experience, by adding 'unspeakable' dimensions to the territory of lived experience. Moving amongst various forms of media provides opportunities for children and young people to find different 'languages' to represent and make meaning of their lived experience.

Narrative understanding:

A person's life is multi storied. People are born into stories. The social and historical context constantly invite people to story certain events and leave other events un-storied. Stories are the primary frames that make it possible to allocate meaning to experiences of life.

“Stories become transformative only in their performance” (Bruner,J)

Imagination!

“When expressive arts are combined with co-authoring narratives, we invite a child in alternative forms of expression... [and] meanings and allow our own imagination to overlap with [theirs]” (J Freeman, D Epston & D Lobovits 1997).

Workshop Process

Through skill development guided exercises, role-plays, practice demonstration and reflections, the training will provide verbal and esthetic complimentary means of expression through:

- A) Narrative re-authoring practice-maps of externalizing, double listening and re-remembering
- B) Creative Expression as ways of creating alternative storylines and engaging in personal agency in-the-moment as possibilities in relation to problem concern.

Workshop Outcomes

- Identify the complementarity between narrative re-authoring maps and creative expressions & useful links with neuroscience
- Experiment developing parallel subordinate storylines as a safe context to give expression to experiences of trauma
- Develop skills in formulating questions in the development of second storylines – drawing from the creative expression props
- Develop skills in re-remembering conversations, verbally and aesthetically
- Experiment with the reciprocal movement between Narrative practice maps and Creative Expressions in the work with children and young people & effects of trauma.

This is an AASW endorsed CPD workshop. It is designed and suitable for psychologists, social workers, child and family therapists and counsellors who work with children, young people and families and effects of abuse and Trauma.

Please contact Angela Ranallo for enquiries and registration 0404470042 or angelaran@bigpond.com





Registration Form

“Creative Expression & Narrative Re-Authoring - Working with Children, Young People and Families and Effects of Trauma”

When: 22–23 September 2017

Time: 9.30am–4.30pm

Where: Conference room at 544 William St Mount Lawley, WA

Cost: \$350 including GST

Morning/Afternoon tea provided

Name.....Phone.....Mobile.....

Email.....

Work context/interests.....

Postal

Address.....

Direct bank payment to: Angela Ranallo BSB 037-143 Account No 852808. Please put your name and the training event in the reference field

Scan and email the registration form to angelaran@bigpond.com

Mobile: 0404470042

About Angela: Angela Ranallo is an AASW Accredited Mental Health Social Worker and Accredited Supervisor. She is a Clinical member of the Australian College of Social Work. She is a Clinical member of the Australian Association of Family Therapy (AAFT) and Clinical member of Psychotherapy and Counselling Federation of Australia (PACFA).

Angela has written a number of published and unpublished reflection practice papers and designs and facilitates training and professional development workshops in the area of psychosocial health. For thirteen years, she has held the position of Senior Clinical Social Worker/therapist with the Department for Child Protection and Family Support’s Psychology Services and now consults full time in her private practice: Child & Family Therapy Counselling in Bicton and Mount Lawley.

For a full profile about Angela Ranallo please visit:

www.childfamilytherapycounselling.com.au OR www.angelaranallo.com

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